# Why do I need Total Amino Solution™?

### TOTAL AMINO SOLUTION™ 180 Capsules

#### Do you need to supplement with amino acids?

Many people do. Depleting your body's natural amino acid supply can happen easily for a variety of reasons including exercise, aging, addictive behaviors, stress, medications, infections, vitamin deficiency, or even a lack of varied protein. Common symptoms range from moodiness to fatigue to carbohydrate cravings to sleeplessness.

## Which common symptoms benefit from the use of amino acids?

Every system in your body requires amino acids to function properly (bones, organs, digestive tract, brain, nervous system--even emotional well being). Any amino acid deficiency can lead to a wide variety of symptoms. Common symptoms that can be improved with supplementation include:

### How can Total Amino Solution™ help?

### How is our product different from other amino acid products?

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### total amin⊕ solution™

A revolutionary, highquality supplement designed for your body's "total wellness" ~ provides essential nutrients for the whole you (brain and body).

For more information visit: www.GenesaLiving.com Phone: 800-404-1065

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